

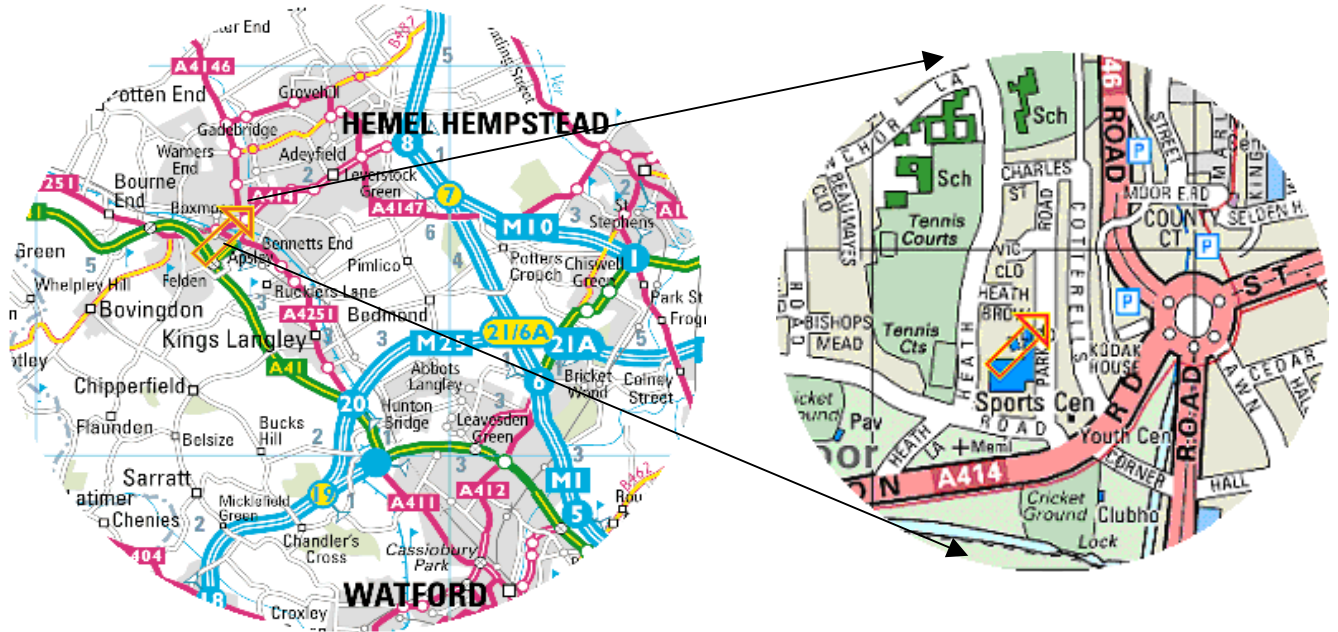
Indoor Sports Festival - 2006



KARATE KUMITE/KATA **TOURNAMENT - 2006**

Date of the Event - 4th March 2006

**Venue - Sportspace, Park Road
Hemel Hempstead, HP1 1JS. Tel: 0144 2228 188**



Closing Date for entries - 27th February 2006

For further information please contact:

Karate	Children & adults	09.00am	Mr V Siva	079 0348 5015
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Entry forms can be obtained by visiting the www.tamilhealth.com

Aims

- To promote health and fitness among the Tamil community in the UK. A Lack of exercise increases the risk of obesity, high blood pressure, diabetes and coronary heart disease.

All proceeds will go towards the "THAYAKAM" Cooperative Hospital Fund. THAYAKAM, a fully equipped tertiary care hospital will facilitate the expatriate health experts to contribute their services and train the local health professionals to international standard.



தமிழர் நலவாழ்வு நிறுவனம் - ஐக்கிய இராச்சியம்
Tamil Health Organization - United Kingdom

ஆரோக்கியமான சமூகத்தை நோக்கி
Towards a healthy nation

web site: www.tamilhealth.com
email: info@tamilhealth.com

Discussion Group: <http://groups.yahoo.com/group/tamilhealth>
THO-UK is registered Charity in the UK. Charity No. 1112612

KARATE KUMITE/KATA TOURNAMENT - 2006 ENTRY FORM

SATURDAY, 4th MARCH 2006

Venue: Sportspace, Park Road, Hemel Hempstead, Herts, HP1 1JS.

Surname	Initials		
First Name	Gender	Male	Female
DOB	DD/MM/YYYY (proof of ID must be shown)	AGE as 1 st Oct 2006	____ Years
Address	Postcode		
Email	Phone		

CLOSING DATE FOR ALL ENTRIES 27th FEB 2006

KATA		
Group KATA		
KUMITE		
Group KUMITE		
GRADE (KYU)	BELT (Colour)	
Club Name (if any)		
Club Registration No.	<i>(Please bring insurance with club licence)</i>	
Fees:	Single entry	£7.00 (reduced from 12.00)
	1 KYU & above single applicant	£7.00 (reduced from 15.00)
	Group entry	£15.00 (reduced from 25.00)

Application Acceptance Rules

- Entry forms will not be accepted without appropriate entry fee.
- Make cheque payable to **THO-UK**.
- Post your entry to **Mr V Siva, Indoors Sports Festival, 191 Coombe Lane, London SW20 0RG.**
- Contact Details Mr V Siva – 079 0348 5015

We/I agree to abide by the rules of the International Karate Federation and judges decision.

Name (please print)

Signature:



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