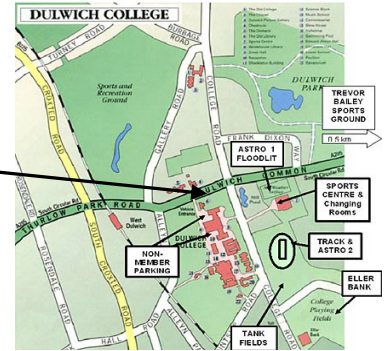


# 5TH INDOOR SPORTS FESTIVAL

Tamils Health Organization (THO-UK) is organising an Indoor Sports Festival for young and adults.

Date of event: **Sunday, 8<sup>th</sup> May 2011**

Venue: Sports Centre, Dulwich College, College Road  
London, SE21 7LD (Car Park at Dulwich College)



## KARATE KUMITE/KATA - TOURNAMENT - 2011

Indoor Karate teams should be submitted their application as a individual/team application.

The tournaments are for

Game	Age groups	Starts at	Contact person	
Karate	young and adults	9.00am	Mr V Siva	079 0348 5015

For further information: Siva - 079 0348 5015

**Closing Date for entries 7<sup>th</sup> May 2011**

Entry forms can be obtained by visiting the

<http://www.tamilshealth.com/Sports2011/sports11.htm>

### Aims

- To promote health and fitness among the Tamil community in the UK. A Lack of exercise increases the risk of obesity, high blood pressure, diabetes and coronary heart disease.
- All proceeds will go towards go towards the ***“Relief and Rehabilitation Fund for Displaced People”***



தமிழர் நலவாழ்வு நிறுவனம் - ஐக்கிய இராச்சியம்  
**Tamils Health Organization - United Kingdom**

ஆரோக்கியமான சமூகத்தை நோக்கி  
Towards a healthy nation

Web site: [www.tamilshealth.com](http://www.tamilshealth.com)

email: [thouk@live.co.uk](mailto:thouk@live.co.uk)

THO-UK is registered Charity in the UK. Charity No. 1112612

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Surname	Initials		
First Name	Gender	<input type="checkbox"/> Male	<input type="checkbox"/> Female
DOB	DD/MM/YYYY (proof of ID must be shown)	AGE as 1 <sup>st</sup> Oct 2011	____ Years
Address			
	Postcode		
Email	Phone		
KATA			
Group KATA			
KUMITE			
Group KUMITE			
GRADE (KYU)	BELT (Colour)		
Club Name (if any)			
Club Registration No.	<i>(Please bring insurance with club licence)</i>		

Fees:	Single entry	£10.00
	1 KYU & above single applicant	£10.00
	One participant enters for two events	£15.00
	Group entry	£22.00

## **Application Acceptance Rules**

- Entry forms will not be accepted without appropriate entry fee.
- Make cheque payable to *THO-UK*.
- Post your entry to *Mr V Siva, Indoors Sports Festival (KARATE), 95 Knightwood Crescent New Malden, Surrey. KT3 5JP.*
- Contact Details Mr V Siva – 079 0348 5015
- **Closing Date for all entries 7<sup>th</sup> May 2011**

We/I agree to abide by the rules of the International Karate Federation and judges decision.

Name (please print)

Signature:

தமிழர் நலவாழ்வு நிறுவனம் - ஐக்கிய இராச்சியம்  
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